

CURRICULUM VITAE



RAMA RANI

CAREER OBJECTIVES

- “To be a part of a dynamic and progressive organization as well as to achieve a dream level of intelligence by being a true professional and utilizing my potential to the fullest so as to be an asset for the organization.”

SKILLS:- Ability to adapt to new responsibilities

Good communication skills

PERSONAL INFORMATION

<i>Name</i>	:	MS. RAMA RANI
<i>E-mail Address</i>	:	Ramaranisaini@gmail.com
<i>Birth Date</i>	:	27-07-1986
<i>Mobile number</i>	:	
<i>Address of correspondence</i>	:	Rama Rani w/o Mr.Sumit Saini #151/A,Saini Mohalla, Derabassi District- Mohali Pin Code-140507
<i>Languages known</i>	:	Hindi ,English and Sanskrit,Punjabi

EDUCATIONAL QUALIFICATION

<i>Degree</i>	<i>University/Board</i>	<i>Year of passing</i>	<i>Percentage obtained</i>
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Ph.D.nursing	Deshbhagat University	Pursuing	-
M.Sc. (Community Health Nursing)	Choithram College of Nursing, Indore affiliated to Devi Ahilya Vishwa Vidyalaya, Indore, Madhya Pradesh.	2011	76%
B.Sc. (Nursing)	College Of nursing PT. B.D. Sharma PGIMS, Rohtak, Affiliated to Maharshi Dayanand University, Rohtak.	2008	65%
12 th	HBSE, Bhiwani Haryana.	2003	64%
10 th	HBSE, Bhiwani Haryana.	2001	64%

EXPERIENCE

<i>Sr. No.</i>	<i>Institution</i>	<i>Post Held</i>	<i>From</i>	<i>To</i>
1.	Himalayan Institute Of Nursing	Clinical Instructor	July 2008	July 2009
2.	Himalayan Institute Of Nursing	lecturer	Sept.20 11	Oct.2012
3.	Sri Sukhmani College Of Nursing	Lecturer, Assistant Professor, Associate Professor and Professor	3 rd Oct. 2012	11 July 2024
4.	GMN College of Nursing, Ambala Cantt.	Vice-Principal	15 July	Till Date

Teaching experience : After M.Sc. 13 years 2 month

Total teaching experience : 14 years 2 month

PAPER PRESENTED

<i>Sr. No.</i>	<i>Research Statement</i>	<i>Authors</i>	<i>Place</i>
1.	A pre-experimental study to assess the effectiveness of structured teaching program on the knowledge of antenatal mothers regarding	Ms. Rama Rani	National community health conference on shaping the future of community health: innovative changes in community health nursing practices.

	selected maternal and child health welfare schemes in selected areas of Indore.		
2.	Teaching learning methods	Mrs.Rama Rani	Sri sukhmani college of nursing Dera bassi, Mohali
3.	Health problems and lifestyle practices among geriatric populations.	Mrs.Rama Rani	Symbiosis college of nursing,Pune Maharashtra.

PAPER PUBLISHED

- Health insurance Awareness among general population in INTERNATIONAL JOURNAL OF ALL RESEARCH AND EDUCATION, Volume: 9,Issue 5,May 2021.
- Health problems and lifestyle practices among geriatric population,Multidisciplinary,scientific work and management journal,vol-33,issue 2,Dec-2023
- Prevalence of Cognitive Impairment and Its Associated Socio-Demographic Variables among Elderly.INTERNATIONAL JOURNAL OF CULTURAL STUDIES AND SOCIAL SCIENCES,Volume20,issue 1,January-June2024.

CONFERENCES ATTENDED

NATIONAL LEVEL:

<i>Sr. No</i>	<i>Name & Place</i>	<i>Organizer</i>	<i>Period</i>
1	13 th National Conference of Nursing Research Society of India, on Standards in Nursing Education – Implications for Practice held at College of Nursing, Christian Medical College, Vellore, (Tamil Nadu)	Nursing Research Society of India	12 th to 13 th November, 2009
2	8 th National Conference on "From Pregnancy to Postpartum Women's Entitlement – Midwives Accountability" held at Puducherry.	Society of Midwives India	12 th to 14 th November, 2010

WORKSHOPS ATTENDED

<i>Sr. No</i>	<i>Name & Place</i>	<i>Organizer</i>	<i>Period</i>
1.	Genetics in clinical practice for prevention and management of disability	Genetic centre, government medical college and hospital Chandigarh.	3 rd December 2008
2.	Strengthening Midwifery in India, Hyderabad (Andhra Pradesh)	ANSWERS, Hyderabad (Andhra Pradesh) and Choithram College of Nursing, with support from Swedish International Development Co-operation Agency (SIDA)	5 th to 7 th October, 2009
4.	Demonstrated on PPH management in the Workshop on "Safe Mother Hood Day on the Theme: Play your part" Indore (Madhya Pradesh)	Choithram College of Nursing, Society of Midwives India, Indore (Madhya Pradesh) Chapter	13 th April, 2110
5.	Organized the Workshop on "Safe Mother Hood Day on the Theme : Play your part" Indore (Madhya Pradesh)	Choitharam College of Nursing, Society of Midwives India, Indore (Madhya Pradesh) Chapter	13 th April, 2110
6.	Organised in the workshop on " Unite for Diabetes : Care Forever" Indore (Madhya Pradesh)	Choithram College of Nursing, Indore (Madhya Pradesh)	14 th April, 2010
7.	Research methodology	NINE,PGIMER,Chandigarh	9 Feb 2013
8.	Birth planning for safety and health of mother and babies	NINE,PGIMER,Chandigarh	22 nd May 2017
9.	Application of statistical techniques in research project	Desh bhagat University,Mandi Gobindgarh	29-04-2023
10.	TNAI workshoap on Zero medication error	Gian sagar college of nursing	20-05-2023
11.	2 days course on prevention and management of NCDs for nurses	NINE,PGIMER,Chandigarh	11 to 12 th March 2024

PARTICIPATED IN TRAINING :

<i>Sr No.</i>	<i>Place</i>	<i>Subject</i>	<i>Period</i>
1.	Holistic Health Education and Healing Center, Pune, Maharashtra State	Basic Holistic Health & Foot Reflexology	2 nd December to 8 th December 2009

OTHER DETAILS :

(1)	Life Member of the Trained Nurses' Association of India (TNAI). New Delhi Life Membership No. 174490
(2)	Life Member of Society of Midwives (India), Hyderabad Registration No. 3460s-2009

HOBBIES:

- Painting, cooking, reading

PERSONAL AND PROFESSIONAL STRENGTH:

- Good interpersonal and communication skills.
- Ability to understand human behaviour and work in any kind of environment.
- Guide the B.SC Nursing and MSc Nursing Students in research projects as Guide and Co- Guide.
- Coordinator for GNM, B.Sc and post basic B.Sc.(N) and M.Sc. Nursing programme.
- Participated in national health programmes.
- worked as an organizer for various curricular and extra curricular activities at SSSON,dera bassi.
- External Examiner for the subject of Community Health Nursing for B.Sc Nursing and Post Basic B.Sc Nursing atv NINE,PGIMER, Chandigarh and Pt BD University , Rohtak Haryana.
- University examination evaluator for the subject of Community Health Nursing, Biochemistry, Nutrition B.Sc Nursing and Post Basic B.Sc Nursing in Baba Farid University.

Date:-----

Place:-----

(Rama Rani)