

DeepikaSethi

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Objective

To reach the pinnacle of my career, and contribute meaningfully and skilfully to growth of the humanity.

Personal Data

- ✚ Father's name : Sh. Satish Kumar Sethi
- ✚ Mother's name : Smt. SarojBala
- ✚ Husband's name: Sh. Manish Gupta
- ✚ Date of Birth: 18-10-1989
- ✚ Marital Status: Married
- ✚ Nationality :Indian

Awards and Achievements

Sr no.	Theme of conference/seminars/workshop/exhibition/CNE	Date/year	Name of institution
1.	Postnatal Care	2014	CMC,Ludhiana
2.	CNE- Quality nursing education	12 th -13 th Aug 2014	CMC,Ludhiana
3.	Quiz- drugs used in Obsterics	2015	CMC,Ludhiana
4.	Conference- "Innovations in Nursing Education & Practice	2015	Akal College of Nursing, Eternal University Baru Sahib
5.	Conference - Family Nursing: A futuristic approach to health care	2017	Akal College of Nursing, Eternal University Baru Sahib
6.	Redefining stroke in current scenario	2020	Health care foundation of India
7.	Identifying day one of Covid 19 illness	2020	Health care foundation of India
8.	Chest pain in Covid Era	2020	Health care foundation of

			India
9.	Infection prevention & control in maternal & neonatal care	2022	WHO (Health emergent programme)
10.	Preparation & use of Resuscitation equipment to assess & treat children in emergency situation	2022	RCNI
11.	Complete Road map for thesis writing	2022	Research Graduate
12.	How to write Phd thesis	2022	
13.	Writing a research article for publication in an academic journal	2022	Khalsa college for women
14.	Importance of NAAC for global standard in nursing education	2022	RV college of Nursing with RGUHS
15.	National Webinar on World Heart Day	2022	Guru Dronacharya College of Nursing H.P.
16.	Webinar on Breast Feeding Week 2022	2022	The Nursing Teachers Association of India
17.	Webinar on Education for Sustainability	2022	International Council for Education, Research and Training
18.	Webinar on Sustainable Cultural Heritage Development	2022	International Council for Education, Research and Training
19.	National workshop on Research Insights & Statistical Analysis	2022	DeshBhagat University
20.	Two Day National Level Virtual Research Development Programme on Ethical Norms of Research Writing and Publication: Scopus Indexed Journals	2022	Virudhunagar Hindu Nadras' SenthikumaraNadar College Tamilnadu
21.	Faculty Development Programme on Strategies for Writing Review of Literature	2022	Virudhunagar Hindu Nadras' SenthikumaraNadar College Tamilnadu
22.	Webinar on Advanced Nurse Practitioner:	2022	Society of Cardiac Nurse,

	Paving the way in India		India
23.	National faculty development program on Transformation of nursing education through innovative teaching strategies.	2023	Ved nursing college & Glorious international nursing research and academic foundation (GINRA)
24.	National Webinar on NURSING RESEARCH & ITS IMPLICATIONS	2023	The Nurses Teachers Association India (NTAI)
25.	Attended Virtual Training Management of Cardiac failure	2023	Society of Cardiac Nurses
26.	National Conference on Organ Donation	2023	Chirayu College of Nursing, Indore
27.	National Workshop on Quantitative Research Design & Data Analysis Techniques	2023	Udaan Educational Services
28.	National Web Conference on Elevating Nursing Practice: Health Informatics and Technology Integration	2023	Dr. Mallela Ramaiah College of Nursing Nellore, A.P. in collaboration with Glorious international nursing research and academic foundation (GINRA)
29.	National Conference on Advancement in Nursing an exploration of forensic Nursing	2023	The Nurses Teachers Association India (NTAI) & School of Nursing Sciences ITM University Gwalior
30.	International Webinar on Nurses Day as a Resource Person	2024	The Nurses Teachers Association India (NTAI) & Super Specialty in Cardio thoracic Nursing Riyadh ELM University, Saudi Arabia

31.	International Virtual Conference on WHO theme: My Health- My Right	2024	Vibrant Nursing College, Surat & NSS
32.	Active Learning Techniques ECHO Program	2024	Rufaida College of Nursing with Society of Midwives India & ECHO India
33.	Workshop on PhD Research and Reporting Strategies: Navigating the thesis Completion Process	2024	Institute of Scholarly Research and Training Chennai

CLINICAL EXPERIENCE DURING TRAINING

- 1 Government Hospital Sec 6 Panchkula (Haryana)
- 2 Christian Medical College & Hospital Ludhiana, Punjab.
- 3 Christian Medical College & Hospital Vellore.
- 4 St. Stephen Hospital, Delhi.

PROFFESIONAL EXPERIENCE

1. **B.D.M Nursing College** as Clinical Instructor from 12th September 2011 to 10th June 2012 (10 months).
2. **RPIIMS College** of Nursing as Clinical Instructor from 13th June 2012 to 21st June 2013 (1 year).
3. **Akal College of Nursing Eternal University**, Baru Sahib as Nursing Tutor from 11th December 2015 to 16th March 2019 (3 years and 4 months).
4. **B.D.M. College of Nursing** as Assistant Professor from 20th May 2019 to 30th November 2021 (2 years and 6 months).
5. **RPIIMS College of Nursing** as Assistant Professor from 1st January 2022 to 31st January 2023 (1 year).
6. **Swami Devi Dyal College of Nursing** as Assistant Professor from 4th March 2023 to 30th April 2024.
7. **Gandhi Memorial National College of Nursing** as Associate Professor from 8th May 2024 to till date.

EDUCATIONAL QUALIFICATIONS

EXAMINATION PASSED	YEAR	PERCENTAGE	INSTITUTION	BOARD/UNIVERSITY
Secondary School Examination	2005	63.2%	D.A.V. Sr. Sec. Public School	C.B.S.E
Sr. School Certificate Examination	2007	64.2%	Blue Bells Sr. Sec. Public School	C.B.S.E
B.Sc Nursing	2011	67.2%	Swami Devi Dyal College of Nursing BarwalaPkl, Haryana	K.U.K, Kurukshetra
M.Sc Nursing Obstetric & Gynecological Nursing	2015	68.8%	Christian Medical College & Hospital, Ludhiana, Punjab	Baba Farid University of Health Sciences, Faridkot
Phd Nursing	2021	Pursuing from Desh Bhagat University Mandi Gobindgarh		
Certificate in Infection Control Nurse	2024	Astron Institute of International Studies Gurugaon, Haryana		

- **Guided groups of B. Sc. Nursing students in Research**

MEMBERSHIP:

- Lifetime member of UIJIR Academic Research Foundation.
- Lifetime member of The Nursing Teachers Association, India.
- Lifetime member of NSS (Nursing Scholar Society).
- Lifetime member of All India Nurses Registration
- Lifetime member of GINRA Foundation (Glorious International Nursing Research and Academic Foundation).

Research Profile

- A QUASI-EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF PLANNED TEACHING PROGRAMME ON THE KNOWLEDGE AND PRACTICE IN BREAST SELF EXAMINATION AMONG B.ED STUDENTS (GIRLS) STUDYING IN SATGURU COLLEGE OF EDUCATION, VILL-

GOLPURA, TEHSIL-BARWALA, DISTT- PANCHKULA.(B.Sc. Nursing group work).

- A PRE-EXPERIMENTAL STUDY TO EVALUATE THE EFFECTIVENESS OF BACK MASSAGE AMONG PREGNANT WOMEN IN THE FIRST STAGE OF LABOUR PAINS ADMITTED IN LABOUR ROOM OF A SELECTED HOSPITAL, LUDHIANA, PUNJAB. (M.Sc. Nursing)

Research paper Publications:

1. A pre-experimental study to evaluate the effectiveness of back massage among pregnant women in the first stage of labour pains admitted in labour room of a selected hospital, ludhiana, punjab. **International Journal of Reproduction, Contraception, Obstetrics and Gynecology** (DOI: <http://dx.doi.org/10.18203/2320-1770.ijrcog20160001> pISSN 2320-1770 | eISSN 2320-1789).
2. An epidemiological study to assess bone mineral density and its association with contributing factors among premenopausal and postmenopausal women in selected villages of District Shimla, Himachal Pradesh, India. **International Journal of Reproduction, Contraception, Obstetrics and Gynecology** (<http://dx.doi.org/10.18203/2320-1770.ijrcog20180160> PIISN 2320-1770/EIISN-2320-1789).
3. A study to assess the effectiveness of muscle stretching exercises on pain and discomfort during primary dysmenorrhea among GDA students (general duty assistant) in DDU-HP department Kalaamb, Distt Sirmour. **Journal of emerging technologies and innovative research (JETIR)**. JETIR.ORG ISSN:2349-5162 December 2021, Volume 8, Issue 12.
4. A descriptive study to assess knowledge and attitude among adolescent girls regarding sexual health. **International journal of research and analytical reviews (IJRAR)**. IJRAR.ORG E-ISSN:2348-1269/ P-ISSN-2349-5138
5. The effect of diabetes on different body parts of body. **International journal of research and analytical reviews (IJRAR)**. IJRAR.ORG E-ISSN:2348-1269/ P-ISSN-2349-5138/UGC Approved Journal No. 43602(19).
6. Assessment of the nutritional status of urban school children (6-10 years) of Naraingarh (Distt- Ambala Haryana). **Neuroquantology volume 20, issue 22 NQ10342 Eissn 1303-5150.**

7. A descriptive study to assess the knowledge regarding Urinary Tract Infection among B.Sc Nursing 1st year students studying at Swami Devi Dyal College of Nursing, Golpura, Distt Panchkula Haryana. **International Journal of Advances in Engineering and Management (IJAEM) Volume 5, Issue 7 ISSN: 2395-5252**
8. A Pre-experimental study to assess the impact of a structured teaching program on hand hygiene knowledge among school children in Barwala, Panchkula(Haryana) **Paripex-Indian Journal of Research, Volume-13, Issue-02, ISSN No.-2250-1991**
9. Effectiveness of Yoga Interventions on depression, stress, and sleep quality in IT professionals with chronic low back pain: A randomized controlled trial .**Fizjoterapia polska doi.org/10.56984/8ZG020A3TN.**
10. A Pre experimental study to evaluate the effectiveness of knowledge and practices regarding prevention and management of perineal tear during normal delivery among staff nurses with a view to develop a standard operation protocol in selected hospitals. **Journal of Multidisciplinary Research ISSN:2394-3580 Vol.12, No. 1 November 2024.**
11. An observational study to assess blood glucose monitoring among staff nurses in Himachal Pradesh (**Accepted and under process**).

PUBLICATIONS OF BOOK CHAPTER:

1. Chapter “**Food as Medicine: The Role of Nutrition in Disease Prevention**” Book Titled **Current Advances in Physical Education and Sports Science (Volume-3)**
2. Chapter “**Digital Hospitality: The Impact of Social Media on Health Ratings and Consumer engagement**” Book titled **Research Trends in Applied Research (Volume-13).**
3. Chapter “**The Impact of Big Data on Multidisciplinary Research Methodologies**” Book Titled **Current Trends in Multidisciplinary Research.**
4. Chapter “**Food Borne Diseases and Food safety**” Book Titled **Community Health Nursing (Volume -1)**

DESIGN PATENT

1. ‘Wearable Hypoglycemia Alert Bracelet’ Design No.-425146-001 dated 30-07-2024
2. Artificial intelligence-based financial risk assessment system.
3. Portable AI- Powered Ultrasound Scanner for Early Detection of Fetal Congenital Abnormalities.

REVIEWED THE BOOK :

1. Midwifery/ Obstetrics & Gynecology (OBG) Nursing –I for B.Sc Nursing authored by RAMANDEEP KAUR.

PAPER PRESENTATION:

1. In post-Episiotomy Pain: Use of lignocaine Pad versus Inactive substance – A randomized Control Trial.
2. Rectal Diclofenac Suppository a better choice for Post Episiotomy- An Interventional study.

Professional Profile

- Highly Organized and dedicated, with a positive attitude and balanced personality.
- Able to handle multiple assignments under high pressure.
- Excellent written, Oral and Interpersonal communication skills.
- Highly “logical thinking” and “ analytical abilities”

Interest

- ✓ Reading
- ✓ Playing
- ✓ Listening Music
- ✓ Dancing

Signature: DeepikaSethi